

Spa Packages

MORNING SPA ESCAPE

Our Morning packages includes one of the below platters, along with your choice of a hot drink or soft drink.

Morning Escape Vitalé Breakfast Platter

Warm mini waffles with maple syrup and strawberries V

Fresh baked cheese straw V

Brie and bacon focaccia with cranberry sauce

Smoked salmon and dill brioche roll

Natural yoghurt with fruit compote V

Morning Escape Gluten Free Vitalé Breakfast Platter

Gluten free chocolate muffin V GF

Brie and bacon sandwich with cranberry sauce GF

Smoked salmon, cucumber and cream cheese sandwich GF

Natural yoghurt with fruit compote V GF

Morning Escape Vegan Vitalé Breakfast Platter

Fresh vegan blueberry croissant VE

Vegan chocolate muffin VE

Fresh fruit salad with coconut yoghurt and fruit compote VE

FOREST AWAKENING SPA DAY, SOOTHING SPA DAY & EARLY BIRD SPA ESCAPE

Our breakfast packages include one of our breakfast items below, along with your choice of a hot drink or a soft drink.

Bacon, avocado and poached egg on sourdough toast

Smoked bacon, crushed avocado and a free-range poached egg on toasted sourdough, finished with sriracha.

Tomato and avocado on sourdough toast V

Grilled tomatoes and crushed avocado on toasted sourdough, topped with toasted pumpkin seeds and finished with sriracha.

Ask for Tomato and avocado made vegan VE

Poached eggs, pesto and ricotta on sourdough toast V

Light ricotta cheese, nut-free pesto, two free-range poached eggs, and chilli flakes on toasted sourdough.

Free-range scrambled eggs on sourdough toast V

Toasted sourdough served with free-range scrambled eggs.

Ask for Free-range scrambled eggs made gluten free GF

Smoked salmon and free-range scrambled eggs on sourdough toast

Toasted sourdough served with smoked salmon and free-range scrambled eggs.

Ask for Smoked salmon and scrambled eggs made gluten free GF

Baked eggs shakshuka with sourdough V

A rich, slow-cooked tomato sauce with onions, peppers, smoked paprika and cumin, oven baked with free-range eggs.

Ask for Baked eggs shakshuka made gluten free GF

TWILIGHT SPA ESCAPE

Our twilight spas include one of our Mediterranean antipasti platters and a glass of sparkling prosecco, non-alcoholic prosecco, a hot drink, or a soft drink from our menu.

Vitalé Platter

A Mediterranean platter of balsamic onions, prosciutto ham, chorizo, martini olives, sun-dried tomatoes, grilled artichokes, mozzarella and pesto, red pepper tapenade and garlic flatbread.

Ask for Vitalé platter made gluten free GF (served without flatbread, but with garlic crouton)

Vitalé Vegetarian Platter V

A Mediterranean platter of balsamic onions, martini olives, sun-dried tomatoes, grilled artichokes, mozzarella and pesto, red pepper tapenade and garlic flatbread.

Ask for Vitalé platter made vegan VE (served without mozzarella and pesto)

AFTERNOON TEA SPA ESCAPE & INDULGENT SPA ESCAPE

Our Afternoon Tea packages include one of the options below, along with your choice of sparkling prosecco, non-alcoholic prosecco, a hot drink or a soft drink from our menu.

Afternoon Tea

Sandwich selection

Salmon and dill brioche roll

Chicken salad

Cheddar and tomato V

Savoury

Whipped goats cheese and chive choux bun V

Sweet

Honeybee cake

Mini cherry and chocolate dessert V

Caramel, chocolate and coffee layered opera cake

Scone, jam, and whipped cream V

Gluten Free Afternoon Tea

Sandwich selection

Egg mayonnaise V GF

Chicken salad GF

Cheddar and tomato V GF

Savoury

Mini goats cheese and Cheddar tart V GF

Sweet

Scone, jam and whipped cream V GF

Eton mess finger V GF

Apple tart V GF

Vegetarian Afternoon Tea

Sandwich selection

Egg mayonnaise V

Coronation chickpea V

Cheddar and tomato V

Savoury

Whipped goats cheese and chive choux bun V

Sweet

Eton mess V

Mini cherry and chocolate dessert V

Scone, jam and whipped cream V

Vegan Afternoon Tea

Sandwich selection

Falafel and tomato VE

Grated vegan cheese and tomato VE

Coronation chickpea VE

Savoury

Red pepper tapenade and grilled artichoke crostini VE

Sweet

Scone, jam and whipped cream VE

Eton mess finger VE

Apple tart VE



IMPORTANT ALLERGEN INFORMATION

Use the QR code to access important allergy information and to select suitable items for your specific food allergy or intolerance. It is your responsibility to ensure that items are suitable based on the information provided on the portal. Menu descriptions may not include all ingredients

V - No meat or fish | GF - Ask for gluten free | VE - Ask for vegan

Please note that some of our meat/fish dishes may contain bones. All beef is of Irish origin.