

Forest Awakening Spa Day, Soothing Spa Day & Early Bird Forest Spa Escape

Our breakfast packages include your choice of one of the breakfast items below, accompanied by a hot drink or soft drink of your choice.

Bacon, avocado and poached egg on sourdough toast GFO

Finished with tomato salsa and olive oil. 580 kcal

Tomato and avocado on sourdough toast v VEO

Topped with toasted pumpkin seeds, tomato salsa and olive oil. 382 kcal

Free-range scrambled eggs on sourdough toast v GFO

675 kcal

Poached eggs, pesto and ricotta on sourdough toast v

Sprinkled with chilli flakes. 603 kcal

Smoked salmon and free-range scrambled eggs on sourdough toast GFO

800 kcal

Baked eggs shakshuka with sourdough v GFO

Oven baked, slow-cooked tomato sauce with onions, peppers, smoked paprika and cumin. 470 kcal | GF 630 kcal

Twilight Spa Escape

Includes a Mediterranean antipasti platter accompanied by your choice of a glass of Prosecco, non-alcoholic Prosecco, a hot drink or a soft drink from our menu.

Vitalé Platter GFO

A Mediterranean platter of balsamic onions, Serrano ham, chorizo, martini olives, sun-dried tomatoes, grilled artichokes, mozzarella and pesto, red pepper tapenade and garlic flatbread. 1810 kcal

GFO - Served without flatbread 1420 kcal

Vitalé Vegetarian Platter v VEO

A Mediterranean platter of balsamic onions, stuffed vine leaves, martini olives, sun-dried tomatoes, grilled artichokes, mozzarella and pesto, red pepper tapenade and garlic flatbread. 1910 kcal

VEO - Served without mozzarella and pesto, but with vegan feta and olive oil 1690 kcal

Morning Spa Escape

Includes a breakfast platter accompanied by your choice of hot drink or soft drink.

Breakfast Platter 970 kcal

Warm mini waffles with maple syrup and strawberries v

Fresh baked cheese twist v

Brie and bacon focaccia with cranberry sauce

Natural yoghurt with fruit compote v

Gluten Free Breakfast Platter 980 kcal

Brie and bacon sandwich with cranberry sauce GF

Smoked salmon, cucumber and cream cheese sandwich GF

Natural yoghurt with fruit compote v GF

Gluten free chocolate muffin v GF

Vegan Breakfast Platter 755 kcal

Fresh vegan raspberry croissant VE

Vegan 'egg' mayonnaise VE

Coconut yoghurt with fruit compote VE

Vegan chocolate muffin VE