

MORNING SPA ESCAPE & SOOTHING SPA DAY

INCLUDES A BREAKFAST PLATTER ACCOMPANIED BY YOUR CHOICE OF HOT DRINK OR SOFT DRINK.

Vitalé Breakfast Platters

Breakfast Platter 970 kcal

Warm mini waffles with maple syrup and strawberries **V**

Fresh baked cheese twist **V**

Brie and bacon focaccia with cranberry sauce

Natural yoghurt with fruit compote **V**

Gluten Free Breakfast Platter 980 kcal

Brie and bacon sandwich with cranberry sauce **GF**

Smoked salmon, cucumber and cream cheese sandwich **GF**

Natural yoghurt with fruit compote **V GF**

Gluten free chocolate muffin **V GF**

Vegan Breakfast Platter 755 kcal

Fresh vegan raspberry croissant **VE**

Vegan 'egg' mayonnaise **VE**

Coconut yoghurt and fruit compote **VE**

Vegan chocolate muffin **VE**

TWILIGHT SPA ESCAPE

INCLUDES A MEDITERRANEAN ANTIPASTI PLATTER ACCOMPANIED BY YOUR CHOICE OF A GLASS OF PROSECCO, NON-ALCOHOLIC PROSECCO, A HOT DRINK OR A SOFT DRINK FROM OUR MENU.

Vitalé Platters

Vitalé Platter **GFO** 1810 kcal

A Mediterranean platter of balsamic onions, Serrano ham, chorizo, martini olives, sun-dried tomatoes, grilled artichokes, mozzarella and pesto, red pepper tapenade and garlic flatbread.

GFO - Served without flatbread 1420 kcal

Vitalé Vegetarian Platter **v VEO** 1910 kcal

A Mediterranean platter of balsamic onions, stuffed vine leaves, martini olives, sun-dried tomatoes, grilled artichokes, mozzarella and pesto, red pepper tapenade and garlic flatbread.

VEO - Served without mozzarella and pesto, but with vegan feta and olive oil 1690 kcal

V - No meat or fish | GF / GFO - Ask for gluten free | VE / VEO - Ask for vegan

Please note that some of our meat/fish dishes may contain bones.

Adults need around 2000 kcal a day.



IMPORTANT ALLERGEN INFORMATION

Use the QR code to access important allergy information and to select suitable items for your specific food allergy or intolerance. It is your responsibility to ensure that items are suitable based on the information provided on the portal. Menu descriptions may not include all ingredients.